



50th Annual **Arizona Rural Health Conference**

June 4 & 5, 2024
High Country Conference Center, Flagstaff, AZ

CELEBRATING MORE THAN 50 YEARS OF CONNECTING ARIZONA



THE UNIVERSITY OF ARIZONA
MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH
Center for Rural Health

Day 1: Tuesday, June 4

7:15–2:00 **Check-in and On-site Registration**

7:15–9:00 **Continental Breakfast**

8:00–8:45 Humphreys **Welcome, Blessing, Opening Remarks; Looking back at how far we have come in 50 years**

Carlos Gonzales, MD, Assistant Vice President, Indigenous Affairs

Associate Professor, Family and Community Medicine, College of Medicine
Tucson, University of Arizona

Daniel Derksen, MD, Director, Arizona Center for Rural Health & Associate Vice
President for Health Equity, Outreach & Interprofessional Activities, University of
Arizona Health Sciences

8:45–9:30 **GENERAL SESSION:**

Federal Efforts For Advancing Rural Maternal Health

Kristen Dillon, MD, FAAFP, Chief Medical Officer, Federal Office of Rural Health
Policy, Health Resources and Services Administration, U.S. Department of Health
and Human Services

9:30–10:15 **CONCURRENT SESSIONS**

Humphreys **Social Determinants of Health Track**

Environment and Health in Rural Arizona: Initiatives and Opportunities

Nathan Lothrop, PhD Associate Director, Western Environmental Science
Technical Assistance Center for Environmental Justice

Amanda Aguirre, President & CEO Regional Center for Border Health, Inc. & San
Luis Walk-In Clinic, Inc.; Former AZ State Senator

Doyle **Workforce Development Track**

**Developing a Culture of Teaching: Embedding Health Professions Education into
the Fabric of a Community Health Center**

Marica Martinic, Educational Director, North Country HealthCare

Sarah Coles, MD, Family Medicine Residency Program Director, North Country
HealthCare

Abineau/Freemont **Addressing Health Disparities Track**

Health Disparities and Cardiovascular Disease

Dulce Vivas Cruz, MPH Student, University of Arizona

Rees **Building Equitable Infrastructure Track**

Many Shades of AZUL: Models and Measures for Mobile Programs

Nathan Watts, Project AZUL Rural Program Coordinator, Sahuarita Food Bank &
Community Resource Center

Juan Arrendondo, Logistics Coordinator; Sahuarita Food Bank & Community
Resource Center

Tania Felix, Health Education and Promotion Coordinator-- University of Arizona,

Mel & Enid Zuckerman College of Public Health, Department of Public Health

Practice, Policy, and Translational Research, Primary Prevention Mobile Health Unit

10:15–10:45 **Break and Networking**

Day 1: Tuesday, June 4

10:45–11:30

CONCURRENT SESSIONS

Humphreys

Social Determinants of Health Track

Panel Discussion: Arizona AHEC Scholars Program Updates

Facilitator: Leila Barraza, J.D., M.P.H., Associate Professor, Director, Arizona Area Health Education Centers Program, Interim Department Chair, Public Health Practice, Policy & Translational Research, UArizona Mel and Enid Zuckerman College of Public Health

Doyle

Workforce Development Track

Mastering Rural Medicine: A Roadmap Through Competency-Based Learning

Judith A Hunt MD, Assistant Clinical Professor UACOM-P/T, Regional Site Director
Jonathan Cartsonis MD, Associate Professor UACOMP Director, LIC Clerkship, UACOM-P

Abineau/Freemont

Addressing Health Disparities Track

Overview of Maternal Mental Health in Arizona

Dr. Kathryn Emerick, Assistant Clinical Professor, Psychiatry, College of Medicine Tucson, University of Arizona

Dr. Saira Kalia, Associate Professor, Psychiatry, College of Medicine Tucson, Director, Arizona Perinatal Psychiatry Access Line, University of Arizona

Rees

Building Equitable Infrastructure Track

Lung Cancer Screening in Rural Arizona: Experiences and Lifesaving Opportunities

Bridger Bodily, Student, Lung Health Assistant, Kingman Regional Medical Center

Adam Braze, D.O., KRMC Cardiothoracic Associates

John Ashurst, D.O., Arizona College of Osteopathic Medicine

11:45–12:30

CONCURRENT SESSIONS

Humphreys

Social Determinants of Health Track

Building a Better Future: Community Engagement for Collective Action

Evelyn Whitmer, Area Agent State Collective Impact, University of Arizona Cooperative Extension

Rosie Stewart, Area Agent, University of Arizona Cooperative Extension

Hope Wilson, Area Agent, University of Arizona Cooperative Extension

Doyle

Workforce Development Track

Ensuring our workforce is prepared - A facilitated activity to inform curriculum development for NAU's Public and Allied Health Programs

Allie Stender, Assistant Professor, Northern Arizona University Department of Health Services

Abineau/Freemont

Addressing Health Disparities Track

Rural Challenges in Suicide Prevention

Katie Brazaitis, PhD Assistant Clinical Professor, University of Arizona; Sole Proprietor Mountain View Mental Health, LLC

Rees

Building Equitable Infrastructure Track

Providing Health Care Equity through a Mobile Integrated Health program

Kyle Luginbyhl, Mobile Integrated Health Program Manager, Gila River Healthcare

Dr. Ryan Southworth, Medical Director, Gila River Healthcare

Alfreda Wise, Community Health Representative, Gila River Healthcare

12:30–1:45

Lunch and Networking - Lunch Session Arizona Rural Health Association

Day 1: Tuesday, June 4

2:00–2:45

CONCURRENT SESSIONS

Humphreys

Social Determinants of Health Track

The Navajo Nation Nítch' éí Bee Ííńá – Air is Life Act: The Passing of a Historic Commercial Tobacco Policy in the Navajo Nation

Hershel Clark, Program manager, Southwest Navajo Tobacco Education Prevention Project
Sierra Wilcox, Program Coordinator, Southwest Navajo Tobacco Education Prevention Project

Doyle

Workforce Development Track

Navigating Regulatory Risk in a Rapidly Changing Environment

Sarah Badaham, Founder/president, HIPAAtrek

Abineau/Freemont

Addressing Health Disparities Track

Innovating Access: Tackling Health Disparities in Rural Arizona with Denova Collaborative Health

Silvia Garcia CAO, Denova Collaborative Health

Rees

Building Equitable Infrastructure Track

Transforming Rural Health Through Virtual Care and Community Relationships

Christian Milaster, CEO, Ingenium Digital Health Advisors
Yael Harris, PhD, Chief Executive Officer, Laurel Health Advisors

3:00–3:45

CONCURRENT SESSIONS

Humphreys

Social Determinants of Health Track

Burning Questions: Using Community Feedback for Cannabis Education in Arizona

Elena Cameron, Health Education Coordinator, University of Arizona Health Sciences
Comprehensive Center for Pain and Addiction
Sean P. Cronin, Project Manager, Comprehensive Center for Pain and Addiction

Doyle

Workforce Development Track

Transforming Medical Education: The Power of Longitudinal Integrated Curriculum (LIC)

Judith A Hunt MD, Assistant Clinical Professor UACOM-P/T, Regional Site Director
Gerilyn Trulove PA-C Specialty Instructor, Department of Family, Community and Preventive Medicine UACOM-P
Dr. Jonathan Cartsonis MD, Associate Professor UACOMP Director, LIC Clerkship, UACOM-P

Abineau/Freemont

Addressing Health Disparities Track

Pediatric Mental Health: Front-Line Provider Essentials

Dr. Jacque Esque, Assistant Professor, Psychiatry, College of Medicine Tucson, University of Arizona
Dr. Chad McWhinnie, Assistant Professor, Psychiatry, College of Medicine Tucson, University of Arizona

Rees

Building Equitable Infrastructure Track

Telehealth: Bridging Health Equity Gaps or Widening Disparities?

Carrie Foote, BA, BS, Associate Director of Administration, Arizona Telemedicine Program
Program Administrator, Southwest Telehealth Resource Center, College of Medicine Tucson, University of Arizona
Michael J. Holcomb, BS, Interim Director & Associate Director of Information Technology, Arizona Telemedicine Program, College of Medicine Tucson, University of Arizona

3:45–5:00

RECEPTION

3:45–5:00

Research and Community Engagement Poster Session

Day 2: Wednesday, June 5

7:30–2:00 Check-in and On-site Registration

7:30–9:00 Continental Breakfast

8:00–8:45 **GENERAL SESSION**

Humphreys **Arizona's Health Assessment: Findings from the 5-Year State Health Assessment**
Sheila Sjolander, Deputy Director, Arizona Department of Health Services
Susan Robinson, Chief Strategy & Innovation Officer, Arizona Department of Health Services

9:00–9:45 **CONCURRENT SESSIONS**

Humphreys **Social Determinants of Health Track**

Neighborhood Deprivation and Risk of Gestational Diabetes Mellitus in Arizona
Kimberly Parra, Postdoctoral Research Fellow, Harvard University

Doyle **Workforce Development Track**

Recruiting and Retaining International Medical Graduates to Meet Workforce Needs
Rachel Bus, Managing Attorney, Brelje & Bus Immigration Law, P.C.

Abineau/Fremont **Addressing Health Disparities Track**

Maternal and Child Health Strategies to Improve Outcomes in Rural Arizona
Aubri Perez, Maternal Health Program Manager, Arizona Department of Health Services,
Kiran Lalani, Infant and Child Health Epidemiologist, Arizona Department of Health Services

Rees **Building Equitable Infrastructure Track**

Arizona Clinical Trials Network (ACTN)
Linda Jepkoech Kimaru, PhD, MPH, Arizona Clinical Trials Network (ACTN) Program Manager, University of Arizona Cancer Center (UACC)
Alejandro Recio Boiles, MD, FACP; Clinical Assistant Professor of Medicine and Assistant Director Community Outreach and Education (COE) UACC

10:00–10:45 **GENERAL SESSION**

Humphreys **Graduate Medical Education**
Pending



11:00–11:45

CONCURRENT SESSIONS

Humphreys

Social Determinants of Health Track

Propositions on Arizona's 2024 Ballot: What You Need to Know

Will Humble, Executive Director, Arizona Public Health Association

Doyle

Workforce Development Track

Workforce Development and Improving Health Outcomes Through Practice-Based Research & QI

Dr. Christy Pacheco, DNP, FNP-BC, Director, CON Rural Health Professions Program, Assistant Clinical Professor, University of Arizona College of Nursing

Abineau/ Freemont

Addressing Health Disparities Track

Survivors of Domestic and Sexual Violence in Rural Arizona

Brooke Fulton, Director of Sexual Violence Initiatives, Arizona Coalition to End Sexual and Domestic Violence

Carrie Eutizi, Sexual Violence Response Coordinator, Arizona Coalition to End Sexual and Domestic Violence

Rees

Building Equitable Infrastructure Track

Arizona Library Resources and Programing

Christine Tuttle, Special Services Supervisor, Outreach & Community Engagement Librarian

Laura Schweers, Program Manager, University of Arizona, MEZCOPH

12:00–1:30

LUNCH/GENERAL SESSION

Future Forward

Daniel Derksen, MD, Director, Arizona Center for Rural Health & Associate Vice

President for Health Equity, Outreach & Interprofessional Activities, University of Arizona Health Sciences

