

Opioid use disorder and behavioral health services for people who are AI/AN in Northeastern Arizona

BACKGROUND

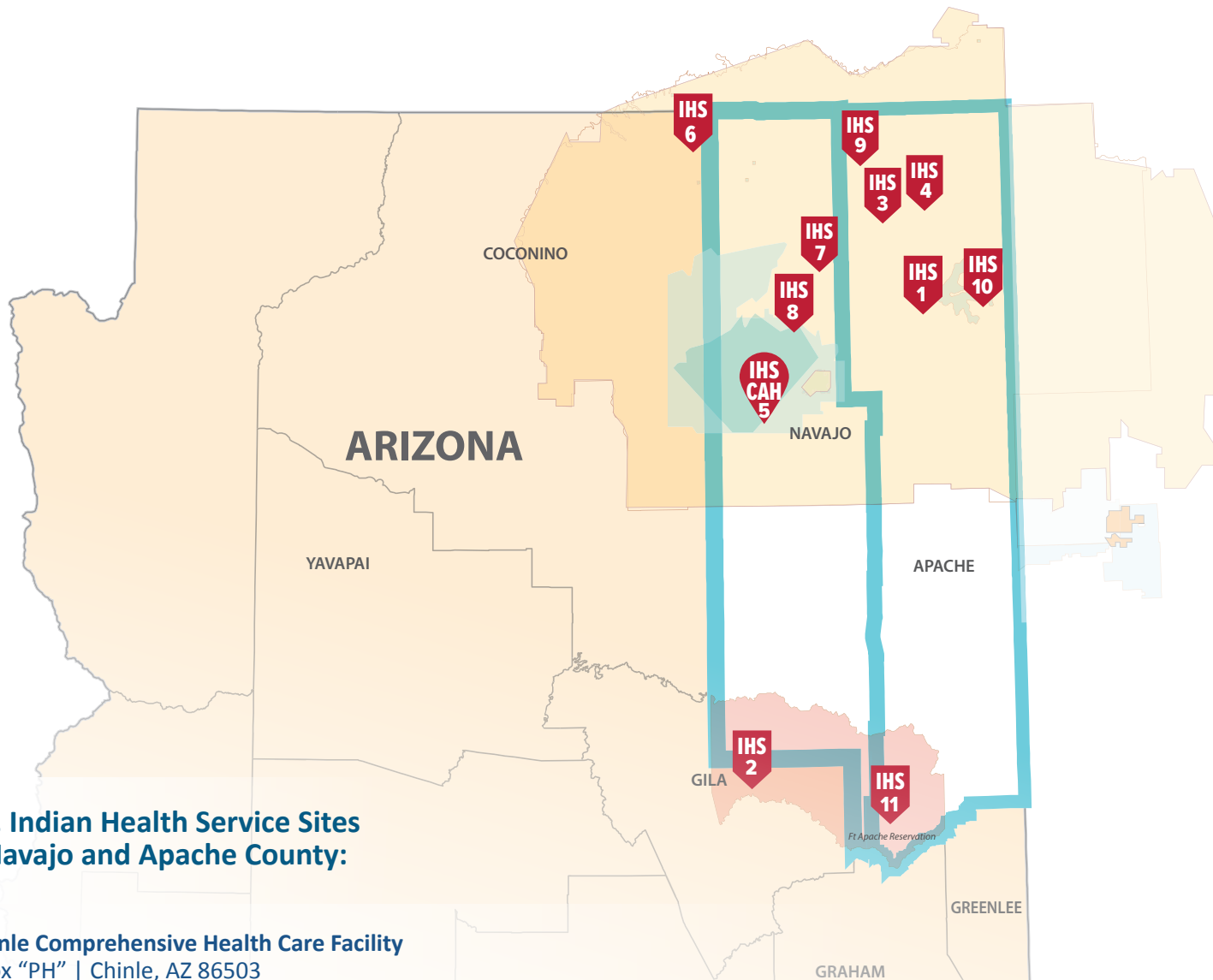
In Northeastern Arizona, for the American Indian/Alaska Native (AI/AN) population, there are a multitude of healthcare service delivery organizations available to help individuals with opioid use disorder (OUD), including the (a) Indian Health Service, (b) Tribal Healthcare Organizations, and (c) Tribally Operated Health Programs, each with its unique structure and service delivery type. Their services range from clinical treatment and management to prevention-focused health promotion (see Table 1). This quick guide is designed for two purposes: (1) to provide an overview of these healthcare delivery organizations and (2) to help the AI/AN population and individuals serving them living in rural Northeast Arizona (Apache and Navajo County) navigate the different types of resources available for individuals with OUD.

A. INDIAN HEALTH SERVICE (IHS)

The IHS, an agency within the United States Department of Health and Human Services, is responsible for providing federal health services to people who are AI/AN. Its goal is to raise their health status to the highest possible level.¹ The IHS provides a comprehensive health service delivery system for approximately 2.6 million AI/AN people who belong to 574 federally recognized tribes in 37 states, including OUD services.¹ IHS facilities usually have the highest level of in-patient care compared to the other two health service delivery types covered in the next sections.

The IHS is divided into twelve regions, known as areas, throughout the U.S. Each area is comprised of regional tribes with a centrally located area office acting as a headquarters. Three IHS areas operate in Arizona, with two serving the AI/AN population in Northeastern Arizona, the Navajo Area and Phoenix Area. The Navajo Area Office is located in St. Michaels, AZ and the Phoenix Area Office located in Phoenix, AZ. The Navajo Area includes all of the Navajo Reservation, while the Phoenix Area includes Hopi and White River tribes.





U.S. Indian Health Service Sites in Navajo and Apache County:

1. Chinle Comprehensive Health Care Facility

PO Box "PH" | Chinle, AZ 86503

Phone: 928-674-7001

ihs.gov/navajo/healthcarefacilities/chinle/

2. Cibecue Health Center

West Cromwell Road | Cibecue, AZ 85911

Phone 928-332-2560

ihs.gov/phoenix/healthcarefacilities/whiteriver/

3. Dennehotso Health Station

Highway 160 | Dennehotso, AZ 86535

4. Four Corners Regional Health Center

US Hwy 160 & Navajo Route 35 HC 61 Box 30 | Teec Nos Pos, AZ 86514

5. Hopi Health Care Center

PHS Indian Health Services | PO Box 4000 | Polacca, AZ, 86042

Phone: 928-737-6000

ihs.gov/phoenix/healthcarefacilities/hopi/

6. Inscription House Health Center

PO Box 7397 | Shonto, AZ 86054

Phone: 928-672-3000

ihs.gov/navajo/healthcarefacilities/inscriptionhouse/

7. Kayenta Health Center

P.O. Box 368 | Kayent, AZ 86033

Phone:

8. Pinon Health Center

Navajo Route 4 (2 miles East of Pinon) | Pinon, AZ 86510

Phone: 928-725-9500

ihs.gov/navajo/healthcarefacilities/pinon/

9. Rock Point Field Clinic

Rock Point, AZ

10. Tsaile Health Center

PO Box C21 | Tsaile, AZ 86556

Phone: 928-724-3600

ihs.gov/navajo/healthcarefacilities/tsaile/

11. White River Indian Hospital

200 W. Hospital Drive | Whiteriver, AZ, 85941

Phone: 928-338-4911

ihs.gov/phoenix/healthcarefacilities/whiteriver/



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Center for Rural Health

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B. TRIBAL OPERATED HEALTHCARE ORGANIZATIONS (PL-638 SITE)

Another type of health service model is the Tribally Operated Healthcare model, also known as a PL-93-638 organization. Through the Indian Self-Determination and Education Assistance Act (ISDEAA), tribal organizations are authorized to contract with the federal government to administer and operate certain programs for tribal members, like education and health services. So, PL-93-638 facilities are operated by tribally approved non-profit organizations with a local board of directors. These organizations provide healthcare services that IHS would otherwise provide.

Tribal Operated Healthcare Organizations Sites:

1. Dilkon Health Clinic

Navajo Route 60 | Dilkon, AZ 86047

2. LeChee Health Facility

PO Box 4810 | Page, AZ 86040

Phone: 928-698-4900

<https://tchealth.org/lechee/index.html>

3. Nahat'aDziil Health Center

Chih Toh Boulevard | Sanders, AZ 86512

Phone: 928-688-5600

<https://www.fdihb.org/nahatadziil>

4. Sacred Peaks Health Center

6300 North Highway 89 | Flagstaff, AZ 86004

Phone: 1-866-976-5941

<https://tchealth.org/sacredpeaks/index.html>

5. Sage Memorial Hospital

US Route 191 & State Route 264 | Ganado, AZ 86505

Phone: 928-755-4500

<https://sagememorial.com/>

6. Sanders Health Clinic

Post Office Box 489 | Sanders, AZ 86512

7. St. Michael's Health Clinic

Post Office Box 370 | St. Michaels, AZ 86511

8. Tsehootsooi Medical Center

Corner of Navajo Routes 7 & 12 | Fort Defiance, AZ 86504

Phone: 928-729-8000

www.fdihb.org

9. Tuba City Regional Health Care Corporation

167 North Main Street | Tuba City, AZ 86045

Phone: 1-866-976-5941

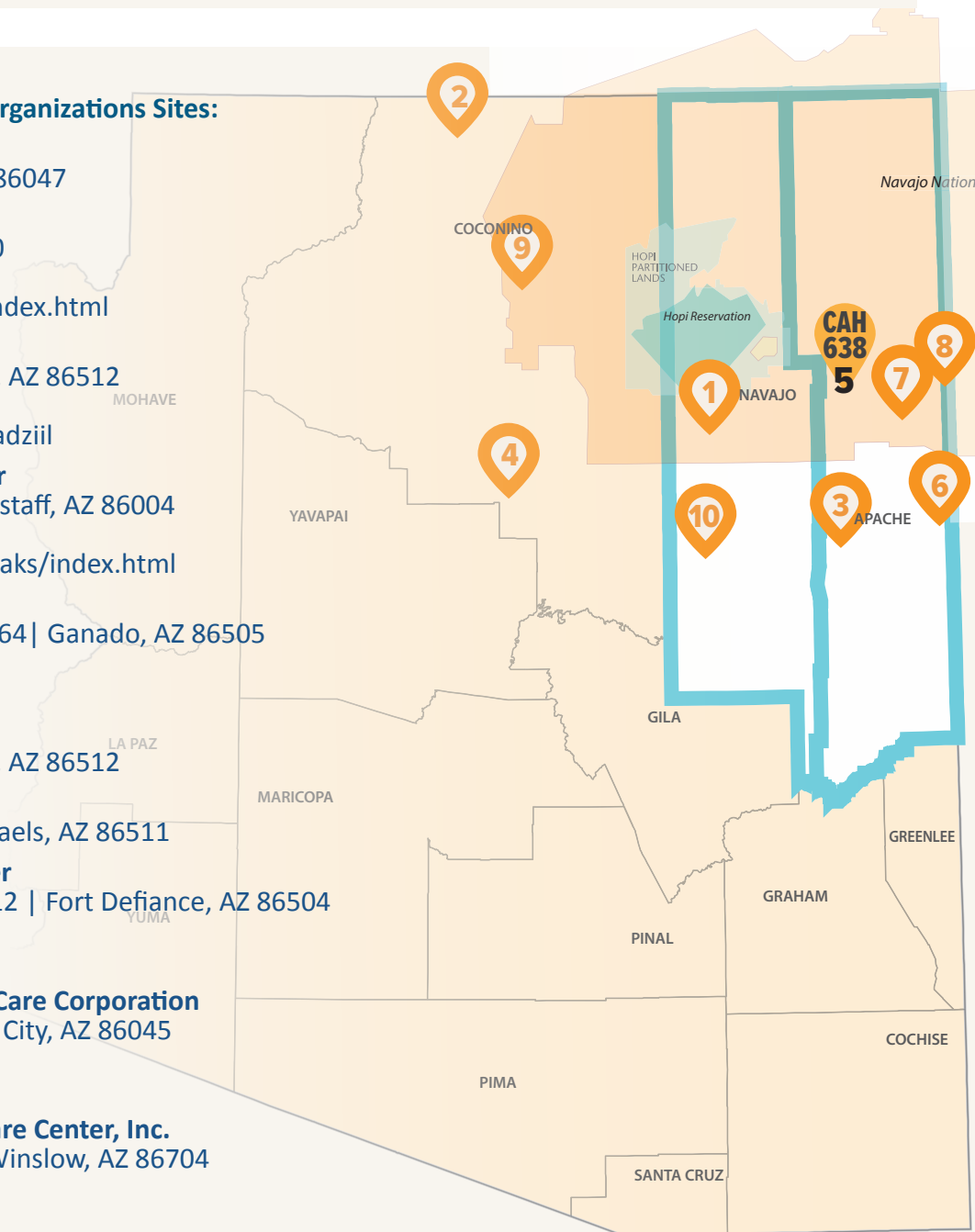
<https://tchealth.org/>

10. Winslow Indian Health Care Center, Inc.

500 North Indiana Avenue | Winslow, AZ 86704

Phone: 928-289-4646

<https://www.wihcc.com/>



C. TRIBAL OPERATED DEPARTMENTS OF HEALTH

A separate but equally important group of healthcare organizations are tribe's respective departments of health. Structured according to each tribes needs and funding sources, tribal departments of health work primarily in the prevention and health promotion areas, relying on IHS or PL-93-638 organizations for intensive in-patient treatments. Typically, health departments do not operate or have hospital structures. However, depending on the tribe, some employ acute care providers, in-patient behavioral health treatment programs, and licensed clinical psychologists.

Hopi Department of Behavioral Health Services

The Hopi Department of Behavioral Health Services provides counseling services for individuals and families experiencing psychological and social difficulties utilizing a multidisciplinary team approach.³ The services within the Department include a mental health program, substance use disorder program, family/child mental health program, and the "I'm for Life" Grant Program (Substance Abuse and Mental Health Services Administration - Native Connections Grant).³

- Hopi Department of Behavioral Health Services: hopi-nsn.gov/department-behavioral-health-services/

Navajo Department of Health

The Navajo Department of Health is committed to the health and well-being of the Navajo People. The Department has 14 separate programs funded by various agencies.⁴ The Department of Health delivers a variety of health services in the areas of nutrition, aging, substance use disorder, outreach, and emergency medical services, working in close partnership with state, federal, and local partners.⁵

Division of Behavioral & Mental Health Services

- The Navajo Nation Department of Behavioral and Mental Health Services (DBMHS) coordinates and develops quality culturally-responsive behavioral treatment services across the Navajo Nation. It specializes in comprehensive alcohol and substance use prevention, education, treatment, and after-care services.⁶
- Navajo Tribal Brochure of Services Available:
https://www.nndbmhs.org/wp-content/uploads/2020/08/DBMHS_Programs-Brochure_Download.pdf

White Mountain Apache Behavioral Health Services (WMABHS)

Services at WMABHS are available at low or no cost to members of the White Mountain Apache Tribe and those living on the Fort Apache Reservation.⁷ WMABHS has multiple locations on the Fort Apache Reservation. It offers credentialed clinical staff to work with individuals, groups, and families. WMABHS offers resources, treatment, and healing for the whole person: mental, emotional, and social.⁷

- White Mountain Apache Behavioral Health Services Website: <https://www.wmabhs.org/services>



TABLE 1. SERVICES BY HEALTHCARE DELIVERY SERVICE ORGANIZATION.*

Types of Healthcare Organizations	Clinical Providers (M.D.s, D.O.s, N.P.s, etc.)	ODU Medication Assisted Treatment (MAT Services)	Community Prevention Programs (SUD/ODU Outreach Services)	In-patient clinical SUD/ODU Services	Outpatient clinical SUD/ODU Services	Peer Support Programs	AA, Group Therapy	Residential Substance Use Care	Traditional/Cultural Based Services
Indian Health Service Facilities	X	X	X	X	X	X	X	X	X
Tribal Healthcare Organizations (PL-638)	X	X	X	X	X	X	X	X	X
Hopi Department of Health			X		X	X	X		X
Navajo Department of Health			X		X	X	X	X	X
White Mountain Apache Behavioral Health Services			X		X	X	X		X

* All information was taken from respective websites prior to 8/31/2022. Contact information can be found listed by each organization throughout the guide.

Acronyms: AA = Alcoholics Anonymous, DO = Doctor of Osteopathic Medicine, MAT= medication assisted treatment, MD = Medical Doctor, NP = Nurse Practitioner, OUD = Opioid Use Disorder, SUD = Substance Use Disorder

A map of these and other health care facilities is available here: https://crh.arizona.edu/sites/default/files/2022-08/20220817_RuralSafetyNetMap.pdf

Disclaimer:

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References:

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- 2 Indian Health Service (IHS). Title I. Office of Direct Service and Contracting Tribes. Accessed August 31, 2022 <https://www.ihs.gov/odsct/title1/>
- 3 The Hopi Tribe. Department of Behavioral Health Services. Updated August 31, 2022 <https://www.hopi-nsn.gov/department-behavioral-health-services/>
- 4 Navajo Department of Health. Navajo Nation Division of Behavioral and Mental Health Services. Updated 2022. Accessed August 31, 2022. <https://ndoh.navajo-nsn.gov/>
- 5 The Navajo Nation. Official Site of the Navajo Nation. Updated 2022. Accessed August 30, 2022. <http://www.navajo-nsn.gov/>
- 6 Navajo Department of Health. Navajo Nation Division of Behavioral and Mental Health Services - Treatment and Services. Updated 2022. Accessed August 31, 2022. <https://www.nndbms.org/>
- 7 Apache Behavioral Health Services. Services. Updated 2018. Accessed August 30, 2022. <https://www.wmabhs.org/services>