Consumer Guide for
Substance Use Treatment

GILA COUNTY

Arizona Center for Rural Health • Sonoran Prevention Works

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Are you or a loved one worried about substance use, like drugs and alcohol? Health, recovery, and wellnes are possible, even if it is a bumpy journey. A person with substance use issues may need di erent types of support. This resource guide has county-speci c options to meet those needs. Recovery from substance u can look like harm reduction. Some examples include avoiding infectious disease and overdose, enrolling in medication assisted treatment, reunifying with family and friends, and more. Change does not happen overnight. With support from friends, families, and treatment, it is possible to make any positive change on day at a time.

What's in this guide?

This guide has information about local resources including treatment, recovery, and health support. There is no one-size- ts-all method of substance use treatment. We have included many options like detox, peer support, medication assisted treatment, residential, and outpatient services. We also included information about community supports such as food, housing, and health care.

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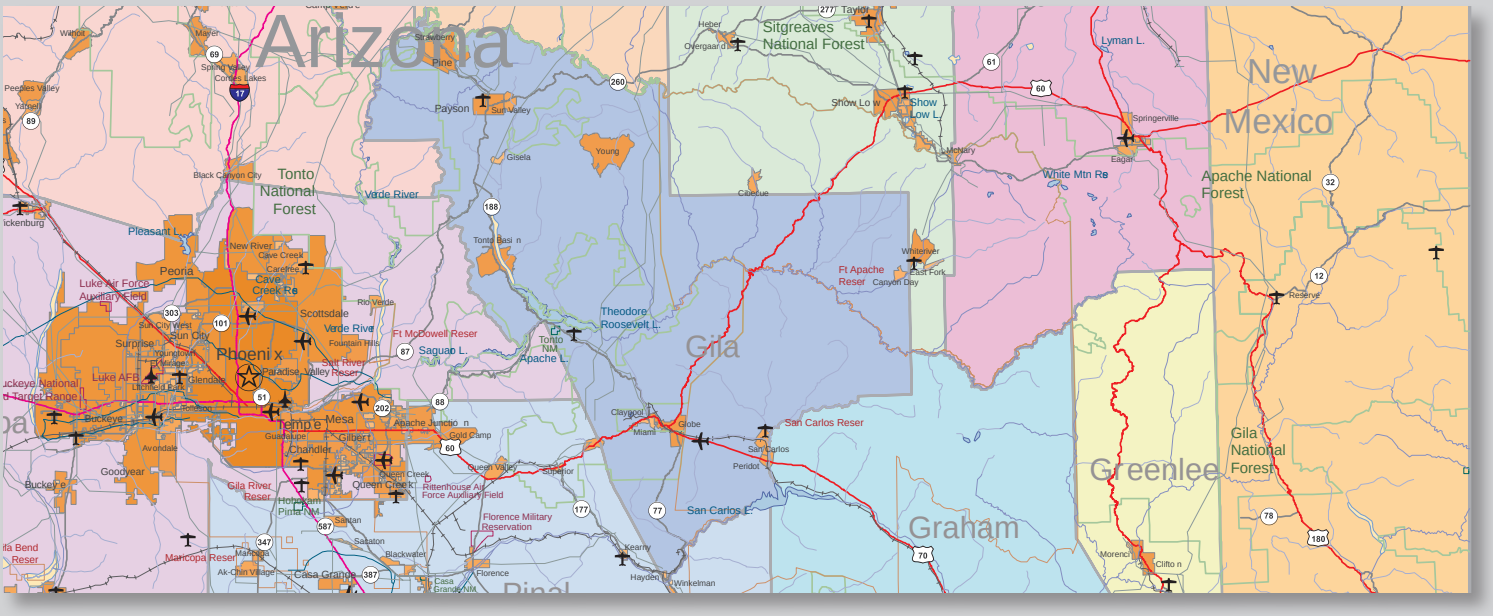
CRISIS SERVICES

There are times when a person needs immediate mental health support, & that means crisis services. Crisis hotlines are ofte available 24/7 to provide support & resources to an individual who needs them. We have also listed phone numbers to local centers who can provide in-person assistance with urgent psychiatric assessment, medications, and short-term stabilization.

Crisis Services	Phone numbers
Community Bridges, Inc. Payson Stabilization & Recovery Unit (SRU) & Outpatient	928-468-0022
Community Bridges, Inc. Globe Stabilization & Recovery Unit (SRU) & Outpatient	928-425-2415
Time Out, Inc.	928-472-8007
Crisis Response Network Northern AZ	877-756-4090
Arizona Coalition to End Sexual & Domestic Violence	602-279-2900 or 800-782-6400
Arizona Humane Society Project Safe House	602-997-7585
Teen Life Line	602-248-TEEN (8336)
National Suicide Prevention Lifeline	800-273-TALK (8255)
National Substance Use & Disorder Issues Referral & Treatment Hotline	800-662-HELP (4357)
Online Crisis Resources	
NAMI Arizona	www.namiarizona.org
Lifeline Chat	www.suicidepreventionlifeline.org/chat/
TheHopeLine	www.thehopeline.com
I'm Alive	www.imalive.org
Other Resources	
Text the word "HOME" to 741741	www.azahcccs.gov/BehavioralHealth/Crisis.html



PEER SUPPORT ORGANIZATIONS

It is well documented that having the support of a "peer" — a person who has been through similar di cult experiences - is an important part of the recovery journey. Below we have listed information about peer and family support groups an agencies that provide individualized peer support as a recovery service.

Community Bridges, Inc. Globe
Stabilization & Recovery Unit (SRU) & Outpatient
Crisis, detox, individual & family coun seling, peer support, referral, short-term inpatient (3-5 days), stabilization.
www.communitybridgesaz.org/program-directory/
928-425-2415
5734 Hope Ln, Globe, AZ

Community Bridges, Inc. Payson
Stabilization & Recovery Unit (SRU) & Outpatient
Crisis, detox, individual & family counseling, peer support, referral, short-term inpatient (3-5 days), stabilization.
www.communitybridgesaz.org/program-directory/
928-468-0022
803 W Main St, Payson, AZ

NAMI Payson
Individual and family metal illness support and education.
https://www.nami.org/Local-NAMI/Programs?local=7419c3a8-8f77-495a-9bdd-e2fa537ebdef
928-301-9140
Payson, AZ

San Carlos Apache Tribe Wellness Center
Crisis, individual & family counseling, opioid treatment medication, peer support, referral.
www.scatwellness.com
928-475-4875
5 San Carlos Ave, San Carlos, AZ

Narcotics Anonymous – Payson
12 Step peer recovery.
www.na.org/meetingsearch/text-results.php?country=USA&state=Arizona&city=Payson&zip=&street=&within=20&day=0&lang=&orderby=datetime
928-368-7286
Locations vary - Payson, AZ

Narcotics Anonymous – Globe
12 Step peer recovery.
www.na.org/meetingsearch/text-results.php?country=USA&state=Arizona&city=Miami&zip=&street=&within=20&day=0&lang=&orderby=distance
928-368-7286
Locations vary - Globe, AZ

Alcoholics Anonymous – White Mountains
12 step peer recovery.
http://www.whitemountainsaa.org
928-537-7800
Locations vary

Al Anon
12 Step peer recovery for friends & family.
www.al-anon.org/al-anon-meetings/nd-an-al-anon-meeting-1/
888-425-2666
Locations vary

RESIDENTIAL TREATMENT PROGRAMS

These services provide drug & alcohol treatment in a residential setting, meaning that the individual receives treatment while temporarily living at the treatment center. This can be helpful for a person who needs a higher level of support, or who does not have another place to live while receiving treatment.

Community Bridges, Inc. Globe
Stabilization & Recovery Unit (SRU) & Outpatient
Crisis, individual & group counseling, co-ed 28-day inpatient, peer support, referral, stabilization.
www.communitybridgesaz.org/program-directory/
928-425-2415
5734 Hope Ln., Globe, AZ

Community Bridges, Inc. Payson
Stabilization & Recovery Unit (SRU) & Outpatient
Crisis, detox, individual & family counseling, peer support, referral, short-term inpatient (3-5 days), stabilization, women's 30-day inpatient.
www.communitybridgesaz.org/program-directory/
928-468-0022
803 W Main St., Payson, AZ

Horizon Health and Wellness
Domestic violence support, inpatient, outpatient counseling, transportation.
www.hhwaz.org
928-402-9297
1466 Baseline Spur
Globe, AZ

OPIOID TREATMENT SERVICES

Opioid use disorder impacts the opioid receptors in the brain. When a person stops using opioids after using them consistent the brain experiences physiological symptoms that can make it very di cult for a person to learn new skills. Opioid treatment, also called "medication assisted treatment," uses medication to stabilize the brain while a person engages in counseling & ski building. It is the most e ective treatment for opioid use disorder.

Addiction Navigators
Opioid treatment medication, outpatient detox.
www.addictionnavigators.com
480-737-1955
5882 S Hospital Drive Building E Suite 3
Globe, AZ

Community Bridges, Inc. Globe
Stabilization & Recovery Unit (SRU) & Outpatient
Crisis, detox, individual & family counseling, peer support, referral, short-term inpatient (3-5 days), stabilization.
www.communitybridgesaz.org/program-directory/
928-425-2415
5734 Hope Ln., Globe, AZ

Community Bridges, Inc. Payson
Stabilization & Recovery Unit (SRU) & Outpatient
Crisis, detox, individual & family counseling, peer support, referral, short-term inpatient (3-5 days), stabilization.
www.communitybridgesaz.org/program-directory/
928-468-0022
803 W Main St
Payson, AZ

Grant Clinic
Opioid treatment medication, outpatient detox.
www.phoenixdrugdetox.com
928-468-1337
1106 N Beeline Hwy
Payson, AZ

San Carlos Apache Tribe Wellness Center
Crisis, individual & family counseling, opi oid treatment medication, peer support, referral.
www.scatwellness.com
928-475-4875
5 San Carlos Ave
San Carlos, AZ

OUTPATIENT SERVICES

Outpatient services are an excellent option for those who prefer to stay in their communities. These services can inclu individual and family counseling, medication, and mental health assistance, and can range in frequency from daily co tact to one hour a month, depending on the treatment provider and the individual's need.

Community Bridges, Inc. Globe
Stabilization & Recovery Unit (SRU) & Outpatient
Crisis, individual & group counseling, co-ed 28-day inpatient, peer support, referral, stabilization.
www.communitybridgesaz.org/program-directory/
928-425-2415
5734 Hope Ln
Globe, AZ

Community Bridges, Inc. Payson
Stabilization & Recovery Unit (SRU) & Outpatient
Crisis, detox, individual & family coun seling, peer support, referral, short-term inpatient (3-5 days), stabilization, women's 30-day inpatient.
https://communitybridgesaz.org/program-directory/
928-468-0022
803 W Main St., Payson, AZ

Horizon Health and Wellness
Domestic violence support, inpatient, outpatient counseling, transportation.
www.hhwaz.org
928-402-9297
1466 Baseline Spur
Globe, AZ

San Carlos Apache Tribe Wellness Center
Crisis, individual & family counseling, opioid treatment medication, peer support, referral.
www.scatwellness.com
928-475-4875
5 San Carlos Ave
San Carlos, AZ

Southeastern Arizona Behavioral Health Services
Integrated health & behavioral services, individual, family, & group counseling.
https://www.seabhs.org/poc/view_doc.php?type=doc&id=1410
928-425-2185
996 N Broad St, Suite 10
Globe, Arizona

Southwest Behavioral Health Aero
Individual & group counseling.
www.sbhservices.org
928-474-3303
404 W Aero Dr
Payson, Arizona

Arizona Youth Partnership
Youth and family education.
www.azyp.org/index.php
928.425.9276
143 S Broad St
Globe, AZ

Cobre Valley Regional Medical Center
Emergency department, inpatient hospital, pain management, pharmacy, social services, women's health.
www.cvrmc.org
928-425-3261
5880 N Hospital Dr
Globe, AZ

Copper Basin Coalition
Naloxone/Narcan, overdose prevention education, prescription drug & sharps disposal.
www.copperbasincoalition.com
928-402-8868
5515 S Apache Ave, Suite 100
Globe, AZ

Gila County Health Department - Globe
HIV/STI prevention, testing, & treatment, naloxone/Narcan, nutrition assistance (food stamps), overdose prevention education, WIC.
www.gilacountyaz.gov/government/health_and_emergency_services/index.php
928-402-8811
5515 S Apache Ave, Suite 100
Globe, AZ

Gila County Health Department - Payson
HIV/STI prevention, testing, & treatment, naloxone/Narcan, nutrition assistance (food stamps), overdose prevention education, WIC.
www.gilacountyaz.gov/government/health_and_emergency_services/index.php
928-474-1210
107 W. Frontier Rd. Suite A
Payson, AZ

NAMI Payson
Individual and family metal illness support and education.
https://www.nami.org/Local-NAMI/Programs?local=7419c3a8-8f77-495a-9bdd-e2fa537ebdef
928-301-9140
Payson, AZ

San Carlos Apache Healthcare Corporation
Emergency department, inpatient hospital, pain management, pharmacy, social services, wound care.
www.scahealth.org
928-475-1400
103 Medicine Way
Peridot, AZ

ASSISTANCE PROGRAMS

Listed below are additional resources that may be of use, such as food banks, WIC, health insurance sign-up, and more
Everybody can use a little help now and then, and that's exactly what these agencies are here to provide.

Arizona Center for Rural Health Navigator Consortium
Assistance in enrolling in health care coverage.
http://crh.arizona.edu/programs/navigator
520-343-0660
arielt1@email.arizona.edu
Northern AZ

Arizona Department of Economic Security – Payson
Cash assistance, developmental disability services, disabled veterans outreach program (DVOP), employment service, medical assistance, nutrition assistance (food stamps), vocational rehabilitation.
www.des.az.gov/services/basic-needs/family-assistance
928-474-4521
100 N Tonto St #100
Payson, AZ

Arizona Department of Economic Security – Globe
Cash Assistance, child care, developmental disability services, medical assistance, nutrition assistance (food stamps), vocational rehabilitation.
www.des.az.gov/services/basic-needs/family-assistance
928-425-3101
605 S 7th St., Globe, AZ

Association of Arizona Food Banks
Food boxes & assistance.
www.azfoodbanks.org
800-445-1914
Call for nearest location & referral, statewide.

First Presbyterian Church of Globe
Clothing and food bank, temporary housing.
www.globe rstpresbyterian.com/
928-425-5560
318 S Hill St
Globe, AZ

Gila County Health Department - Globe
HIV/STI prevention, testing, & treatment, naloxone/Narcan, nutrition assistance (food stamps), overdose prevention education, WIC.
www.gilacountyaz.gov/government/health_and_emergency_services/index.php
928-402-8811
5515 S Apache Ave, Suite 100
Globe, AZ

Gila County Health Department - Payson
HIV/STI prevention, testing, & treatment, naloxone/Narcan, nutrition assistance (food stamps), overdose prevention education, WIC.
www.gilacountyaz.gov/government/health_and_emergency_services/index.php
928-474-1210
107 W. Frontier Rd. Suite A
Payson, AZ

Society of Saint Vincent de Paul
Food bank, nancial assistance.
www.svdpusa.org
928-474-9104
511 S St Phillips St
Payson, AZ

Time Out, Inc.
Domestic violence support, employment support, housing assistance, individual & family counseling, legal advocacy.
www.timeoutshelter.org/
928-472-8007
Payson, AZ